

Beeswax Wraps

You will need:

100% organic cotton fabric squares (cut to the sizes that suit your requirements)

About a cup of grated beeswax (this would be enough for two largish squares)

A sprinkling of Coconut Oil (or Almond Oil)

An iron

An old towel or blanket that you don't mind getting waxy

Baking paper (enough to cover both sides of the fabric)

Wire Rack or String Line with pegs (to dry the wraps)

Method:

1. Lay down your towel and turn on the iron to heat it up.
2. Cut the Baking Paper so that there is space on either side of it when working on your largest piece of fabric (four pieces will probably be enough).
3. Mark the side of the Baking Paper that will be in contact with the Beeswax so that you can reuse this again.
4. Place Baking Paper onto the towel, with the Beeswax marked side facing upwards. Ensure there is a good overlap of the Baking Paper so the wax doesn't leak.
5. Place one of your cotton squares on top of the Baking Paper.
6. Evenly sprinkle your beeswax over the cotton square, ensuring that you go to the edges. Add a small sprinkling of the Coconut Oil
7. Place two more sheets of Baking Paper on top of the wax, with the Beeswax side facing downwards.
8. Iron over the whole area until the wax has melted.
9. Peel back the Baking Paper to check that the wax is evenly melted. You may need to sprinkle more on for even coverage and then replace the paper and iron again.
10. When there is an even coverage of melted wax, peel the Baking Paper off the wrap and ensure it is placed with the melted wax up.
11. Peel the wax infused cotton square off the Baking Paper and set on a wire rack or peg it onto a line of string to dry.
12. Repeat steps 5 – 11 with your next piece of fabric

Use the Beeswax Wraps instead of Clingfilm. If they need to be cleaned use a cold, damp cloth to wipe them.

If the wax needs topping up after repeated use, just follow Steps 1-11

If you would like to share this recipe with friends go to:

<https://www.ruapehudc.govt.nz/our-services/waste-minimisation/Documents/Waste%20ed%20docs/Beeswax%20Wraps%20Recipe.pdf>

If you would like to see a video about how to make the wrap check out:

From <<https://www.1millionwomen.com.au/blog/diy-reusable-beeswax-wraps/>>

If you want to add a button and twine to your beeswax wrap watch:

<https://www.youtube.com/watch?v=JfcPbTVb9ho>

Or if you want to use a sandwich press instead of an iron watch:

<https://www.youtube.com/watch?v=WIsfOXejqLs>

If you want to learn different ways of folding your wrap:

<http://furrydragon.space/beeswaxwraps/>