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Explanation

Tōia mai ngā tāonga a ngā mātua tīpuna. Tuia i runga, tuia i raro, tuia i roto, tuia i waho, tuia te here tāngata. Ka rongo te pō, ka rongo te ao. Tuia ngā rangatahi puta noa i te motu kia pupū ake te mana Māori. Ko te kotahitanga te waka e kawe nei te oranga mō ngā whānau, mō ngā hapū, mō ngā iwi. Poipoia te rangatahi, ka puta, ka ora.

The name 'Tuia' is derived from a tauparapara (Māori proverbial saying) that is hundreds of years old. This saying recognises and explains the potential that lies within meaningful connections to: the past, present and future; to self; and to people, place and environment.

The word 'Tuia' means to weave and when people are woven together well, their collective contribution has a greater positive impact on community. We as a rangatahi (youth) leadership programme look to embody this by connecting young Māori from across Aotearoa/New Zealand connecting passions, aspirations and dreams of rangatahi to serve our communities well.



Tuia Overview

Tuia is an intentional, long-term, intergenerational approach to develop and enhance the way in which rangatahi Māori contribute to communities throughout New Zealand. We look to build a network, learn local history for rangatahi to help support them in their contribution to their communities. This is done through developing relationships between a diverse range of rangatahi throughout the country that recognises, accepts and celebrates diversity.

Three pou make up the Tuia rangatahi experience:

- 1. Mentoring
- 2. Community contribution
- 3. Wānanga

At a local level, a mayor will select a rangatahi Māori from their district who they will develop a mutually beneficial mentoring relationship with, in order to enhance their ability to contribute well to community. This will happen on a monthly basis, involving both informal meetings and participation at formal occasions. The relationship will also provide both parties with the opportunity to gain a deeper insight into inter-generational issues, cultural values and experiences.

Selected rangatahi will be encouraged to undertake a community contribution project in their respective communities.

Rangatahi will also attend five wānanga in different parts of the country over the year to build networks, obtain support and have exposure to a diverse range of people from across the country.

Rangatahi Selection

Who is eligible for the programme and how will they be selected?

The mentor will select a young Māori using the following criteria.

The rangatahi selected must:

- be aged between 18-25 years old;
- be actively involved in contributing to the wellbeing of their community at some level;
- be able to commit to being involved in this part-time programme of three three-day and two four-day wānanga (leadership forums) over a period of 12 months;
- have support from others to participate in the programme (whānau/hapū/pakeke/ employers/community etc.);
- be open minded and willing to contribute to discussions and workshops;
- be well organised and have the ability to manage their time and commitments effectively.

Selection Process

Each participating mentor in partnership with their community and past rangatahi participant (where applicable) will select the candidate against the criteria outlined on the previous page. Each mentor will determine what process they deem to be the most effective in order to identify their candidate.

Selection process examples are:

- Personal application (e.g. essay / presentation)
- A nomination and selection process
- A personal choice
- In consultation with community groups
- On the advice of iwi and hapū groupings
- On the advice of the council's community development advisors

Mentors should consider the following:

- Compatibility (shared interests)
- Gender (may be relevant)
- Connection to the community

NB: A Tuia Mentoring Toolkit is available and will be distributed to those participating mentors. This will include a range of strategies and experiences mentors can use to support the development of their rangatahi.















Mayoral/Mentor Expectations

Mayors/mentors who agree to become a mentor recognise the potential this approach has to effect long-term positive change in the life of the rangatahi they are mentoring and through them, many communities around the country.

Mayors/mentors will be required to:

- meet with the young person at least once a month;
- involve the young person in community activities that will assist their development as a leader;
- financially support the young person to attend five wānanga (leadership forums) per year.
 (Domestic transport costs only: approx. \$800 \$3000 per year variance in cost is largely relative to geographical considerations earlier bookings beneficial);
- attend a one day mentoring training opportunity (optional).



"The TUIA programme has not only grown leaders amongst the Rangatahi of Ōtorohanga but across all of Aotearoa. As Ōtorohanga's Mayor, my experience mentoring my Rangatahi has left me with much pride and aroha for the achievements and the positive future of young maori across our country."

Max Baxter Ōtorohanga District Mayor

Rangatahi Expectations

Young people who agree to take part in the programme will make the most of this unique opportunity by participating in all of the planned activities and meetings.

The young people will commit to:

- Meet with their Mayor/mentor at least once a month;
- Be involved in additional community events at the invitation of the Mayor/mentor (where practical);
- Attend three three-day and two four-day wānanga (leadership forums) per year;
- Community contribution project(s) over a 12 month period (approx 100hrs).

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Community Contribution

General Guidelines

Hours

- The encouraged commitment for this is approximately 100 hours for the year, which equates to approx. two hours per week.
- There is no need to record hours of community contribution the focus is on giving to the community rather than fulfilling a requirement.
- The hours can be made up of many small projects, one large project or a combination.

NB: Many rangatahi are already contributing to their communities - if this is the case for your rangatahi, then those contributions would count towards those 100 hours.

Projects aim/nature

- There are no strict requirements for the aim or nature of the contribution activity. See next page for examples of past community contribution projects.
- The benefits of this is for rangatahi to be able to share their experience, practice new strategies, obtain peer support and demonstrate leadership skills.

Reporting

 While not a formal requirement, some form of reflection about service activities is recommended.

Examples



Meschka Seifritz combined her two majors, environmental and Māori studies by planning the first noho for her whānau (80+ people) in 11 years. The purpose of the four day wānanga was to reconnect whānau to their marae and enhance the mauri of their whenua and the taiao. Meschka is incredibly grateful to the TUIA kaupapa for inspiring and supporting her with her whānau wānanga and planting the seeds that will contribute for generations to come.

Mentored by Grant Smith Mayor Palmerston North City 2021



Rosie Poharama-Hepi and Cheyenne Laugesen co-created Kaiwhai Oraka, a kaupapa to reconnect rangatahi Māori to their marae, Te Ao Māori and people and places that would lift their visions of what is possible for them and their whānau. This year they both took a van load of rangatahi from Kaikoura to Wellington where they were hosted by other Tuia rangatahi and had the opportunity to connect with successful Māori from a wide variety of backgrounds and proffesions with shared whakapapa to these rangatahi. In Rosie's words "Our trip to Pōneke was life changing".

Mentored by Craig Mackle, Mayor of Kaikoura 2021 and 2022.



Joel Mudford - Re-established the Māori club in his community after a 40 year absence, creating a safe place to learn Te Reo and for Māori in his community to reconnect with their culture.

Mentored by Tracey Collins Mayor Tararua 2017.

WĀNANGA

There will be five marae-based wananga throughout the year. The wananga are an opportunity for rangatahi to connect with one another, as well as to connect with a variety of places, people and communities around Aotearoa.

The wānanga are structured according to an ancient tauparapara (Include the name) that connect rangatahi with one another, to whenua, to people and to communities across Aotearoa. Rangatahi will have the opportunity to explore local ancestral stories, learn from subject matter experts, and consider together how they can apply what the have learnt to their daily lives. There are five marae based wānanga, three three-day wānanga and two four-day wānanga that follows:

March: Wānanga one - Tuia i Runga (Weaving above), Waikato

May: Wānanga two - Tuia i Raro (Weaving below), Waiariki/Bay of Plenty

July: Wānanga three - Tuia i Roto (Weaving within), Te Waipounamu

September: Wānanga four - Tuia i Waho (Weaving without), Hawkes Bay

November: Wānanga five - Tuia te Here Tangata (Weaving the threads of humanity), Wellington

"Due to Covid 19, some wānanga have been cancelled or shifted online. Any alterations to wānanga, whether caused by Covid 19 or other factors will be communicated as soon as possible based on the latest information.

Additionally, its important to note that travel expenses for rangatahi attending wānanaga are anticipated to be covered by their sponsoring person or organisation.









Rangatahi Stories



Maddox's Story

This year, I embarked on the Tuia journey. If I am being honest, I was unsure about what I was getting myself into at the start and if this would really be for me.

I went into my first wānanga shy and sort of reserved, as I had a not-so-amazing experience with a couple of Māori Rugby camps. At those camps, it was supposed to be about 90% culture and 10% Rugby, but I quickly learned that it was all about what school you went to, where you are from, how many people you knew, and if you are any good at footy. Coming from a small town on the West Coast of the South Island, I knew nobody at these camps, so I was an outsider, and nobody from the so-called 'big schools' would even give you the time of day. I had this same unsettling feeling going into Tuia, that everyone would know everyone and already be in their own little cliques; however, that was definitely not the case with Tuia. It just felt like one big whānau, and like you'd met everyone years before this kaupapa.

I would highly recommend this kaupapa for any rangatahi Māori that positively contributes in their community through any volunteering, especially if you are not fully 'connected' to your Māoritanga like me, because Tuia can really open your mind up to think about ways to better connect yourself, whether that's even asking questions about your ancestors or starting to study Te Reo or even just having a sit-down with your whānau and talking about how you could all benefit from connecting to your Māoritanga more.

My Tuia journey began when the Mayor sent my dad an email one day asking if I would be keen to do it because they couldn't think of many rangatahi to go from our Region. So, I didn't feel like I deserved to be

there, as I knew most of the Tuia people had to apply and go through the process of interviews, whereas I didn't need to do any of that. But I quickly realized that it's not about deserving to be there and not about who does more stuff in the community and who is 'more Māori'. It is all about bringing good people doing good things together to learn from each other and about.

Tuia has been a big steppingstone for me to get more connected to my Māoritanga, as I grew up the first 11 years of my life in Germany and Italy learning those cultures, so Te Reo was not really an option. I also know that Tuia was a big steppingstone for others in my Tuia year because, at our last wānanga, so many Teina were going into new jobs/study/steps in life.

Overall, Tuia for me was a safe space to be Māori, be proud to be Māori, make friends and lifelong connections around the motu, and a space to learn about my culture.

Maddox Manawatu

Ngāi Tahu, Ngāti Kurī, Ngāti Māmoe, Waitaha Mentored by Jamie Cleine, Buller District Council



Holli's Story

Tuia has brought me closer to discovering who I am, where I come from and why being Māori is my superpower. Before Tuia, I was unsure of what it truly meant to be Māori. I grew up thinking that I would never be 'Māori' enough. I wasn't brought up on the marae, I didn't speak the language, I didn't have a Māori name, I wasn't in the kapa haka group and I didn't know where I came from.

My journey with Tuia began when someone asked me about my story. After telling him, he mentioned Tuia and without really knowing what it involved, I said yes to the opportunity. Tuia has allowed me to heal, grow, accept, create lifelong friendships and made me incredibly proud to be Māori.

I still remember the first wānanga at Tuia i Runga. I was the first person to arrive at the marae. I was so nervous that I didn't want to get out of my car, however this feeling soon disappeared when I was warmly welcomed by some of the Tuākana. Due to covid level restrictions, our last wānanga - Tuia i waho, was held virtually. Although we weren't able to embrace one another, the feeling of aroha and passion was still felt by all of us.

Since joining the Tuia whānau, I have gone back home to learn about my whakapapa, I have started learning our beautiful language and I will forever be thankful for this life changing kaupapa. Tuia is weaving together extraordinary people and creating a safe space to be vulnerable, supported and reconnected.

Holli Hughes

Mentored by Trent Hohaia, TUIA Tuakana 2021





Bridget's Story

'Ehara taku toa i te toa takitahi, engari he toa takitini.' Wins come from cumulative collective action, rather than a single person's efforts. Through interweaving with Tuia, this whakatauki is the direction my whakaaro has grown into, something I will always be grateful to this kaupapa for. Words can't encapsulate this epic journey, but I hope this reflection externalises the gratitude I have for Tuia and its hua (fruits). Throughout the journey as a teina, I never felt alone. All of us teina were roaming in the uncertainty together, constantly surrounded with awhi from the tuakana, the kaupapa, and all its tūāpapa, and of course our tupuna.

Throughout 2023, we visited five different marae across the motu, for three to four-day wānanga. Each one left me hungry for the next (but never hungry in my puku because we were always fed over and above). Tuia was the safe space I got to drop all other hats and get comfortable expressing my rangatahi-tanga. Now I am confident to allow this into other spaces I walk into, which has strengthened both new and old friendships, along with working and whānau relationships. I am so stoked with the amazing friends I have met through Tuia, who I am excited to grow forward with.

A core element of Tuia is the whakaaro around community contribution; we were always prompted to think about how we could bring what we learn at these wānanga back home. What struck me at the first wānanga was the ideas that all of the teina had; I learned so much I couldn't stop smiling on the way home. As someone who has not grown up close to my taha Māori, I didn't necessarily know how I might contribute value. Simultaneously, I knew my perception of what community contribution is or can be might shift as my Māoritanga emerged. The biggest shift

I have noticed in my thinking is from short-term and individually focused to intergenerational and a collective focus, more similar to how our tupuna acted. This has meant I have dabbled in lots of 'first times' for community involvement this year, with each experience giving me tohu for the next. A highlight for me has been directly working for my iwi for the first time. Over Summer, I am excited to contribute to my community through tautoko for a project all about Māori leadership, through the iwi-owned research entity, Whakauae.

A huge mihi to Mayor Andy from the Rangitikei District Council, who has supported me to interweave into Tuia as a teina. Right from the start, he made efforts to have me feeling a sense of belonging in the Tuia kaupapa. He made the effort to drive myself and the other teina from my area five hours each way up to Waikato for the first wānanga. That time together did wonders for the uncertainty I felt inside! Through Mayor Andy, over the year, I got to see the role of the council in events such as a council meeting, the opening of the new Ngā Awa Block in Taihape, and a planning day. Outside of these, we had general catch-ups and built our relationship over kai and kawhe!

Being a teina has encouraged me to sit in a space of observation of many things at the wānanga that I hadn't been exposed to hugely before: te reo rangatira, ngā pūrakau, ngā tikanga, and the manaaki of the haukainga and our tuakana. It is a no-brainer that I will put my hand up next year to be a tuakana. I hope to stay interwoven in the TUIA kaupapa with my new and special friends! Ko tāu hoe, ko tāku hoe, ka mānui te waka.

Bridget Watson

Ngāti Hauiti

Mentored by Andy Watson, Rangitikei District Council

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Tuia Timeframes













2023

November

- Selection Process initiated
- Confirmation of commitment to 2023 programme

2024

February

- 11th of Feb Selection of rangatahi participant confirmed
- First mentoring meeting with Mayor/ mentor (this can be earlier if preferred)

March

- Wānanga 1: Tuia i Runga (Waikato)
 1-3 March Te Kūiti Pā
- Mentoring training
- Second mentoring meeting/Community contribution project identified

April

• Third mentoring meeting

May

- Wānanga 2: Tuia i Raro (Waiariki/Bay of Plenty)
- Fourth mentoring meeting

July

- Wānanga 3: Tuia i Roto (Te Waipounamu)
- Sixth mentoring meeting

Fifth mentoring meeting

August

• Seventh mentoring meeting

September

- Wānanga 4: Tuia i Waho (Hawkes Bay)
- Eighth mentoring meeting

October

• Ninth mentoring meeting

November

- Wānanga 5: Tuia Te Here Tangata (Wellington)
- Tenth mentoring meeting

December

- Final mentoring meeting for 2024
- Begin selection process for 2025

June

NB: each Tuia wānanga is held on the first weekend of every second month from March unless otherwise communicated.

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Key Contacts

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Registrations / Logistics

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Wānanga Coordinator

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Participating Councils, Iwi & Organisations

Ashburton, Auckland, Buller, Carterton, Central Hawkes Bay, Central Otago, Dunedin, Far North, Gisborne, Gore, Grey, Hamilton, Hastings, Horowhenua, Hurunui, Hutt City, Kaikoura, Kapiti, Kawerau, Marlborough, New Plymouth, Otorohanga, Palmerston North, Queenstown-Lakes, Rangitikei, Rotorua, Ruapehu, Selwyn, South Taranaki, South Wairarapa, Tararua, Taupo, Timaru, Waipa, Waitaki, Waitomo, Wellington, Western Bay of Plenty and Westland.

Ngāti Ruanui, Ngāti Whātua, Te Whānau-a-Apanui, Ngāti Rehua, Waikato, BGI, Te Ora Hou, St John, Vodafone, Auckland's local boards - Papatoetoe/Otara, Mangere/Otahuhu, Manurewa, Franklin and Papakura local, Horizons regional council, Waikato regional council, Tuikura, Tuia te Tai Poutini, Te Tukaha Kapiti Kura, Te Hekeka, Atearangi, Ngāti Kahungunu, Taputeranga Marae.